



## **ARIF ALI, M.D.**

**NORTHSHORE ORTHOPAEDIC & SPINE  
INSTITUTE**

**SPECIALTY:** Shoulder, Hip and Knee Surgery

**EDUCATION:** Orthopaedic surgery residency, University of Chicago Hospitals; orthopaedic trauma fellowship – focus on the treatment of hip conditions and injuries, Hospital for Special Surgery, New York, New York; orthopaedic sports fellowship – focus on the treatment of shoulder and knee conditions and injuries, The Sports Clinic, Laguna Hills, California

When patients come to Dr. Arif Ali, a skilled Orthopaedic Surgeon with NorthShore Orthopaedic & Spine Institute, they can rest assured that they will receive a comprehensive analysis of their condition and top-level care. With more than 20 years of experience and multiple subspecialty fellowship training, Dr. Ali is prepared to provide his patients with both non-operative recommendations for care of their orthopaedic condition, and surgery if necessary. “Many times, in this era of increased emphasis on efficiency and limited time, patients cannot reliably be assured of direct face to face interaction with the physician to discuss their condition or treatment,” says Dr. Ali. “My practice philosophy centers on being involved personally in patient evaluation, diagnosis, and counselling.” Dr. Ali has built his reputation on providing that personalized and individualized care to each patient, whether they are coming to him as a professional athlete or member of the North Shore community suffering from shoulder, hip, or knee pain. Dr. Ali treats adult patients of all ages, with each presenting a unique set of challenges and goals. “With improvements in medicine and a greater emphasis on healthy lifestyles, patients are living longer,” explains Dr. Ali. “Our ability to as orthopaedic surgeons to help this ever-growing population to continue to live an active lifestyle is crucial.”

*Dr. Arif Ali is with NorthShore Orthopaedic & Spine Institute located at 9650 Gross Point Road in Skokie, 847-866-7846, arif.ali.md@gmail.com, aliorthopedics.com.*